

# The Change2Achieve Programme

How professional future that you desire to come true? This programme is designed to facilitate the process and get to the can you realise your full potential, bring about powerful change and achieve goals that will enable the personal and result.

“You must be  
the change  
you wish to  
see in the  
world.”

- Mahatma Gandhi



Change2Achieve is a programme of self-discovery, which providing you commit to, will help you to achieve the personal and professional goals that you have always wanted to accomplish. We focus on:

*Recognising and developing potential  
Improving mind-set & attitude  
Personal goal setting*

Action planning is a powerful process but often the objectives can get forgotten or sidelined. The C2A process tracks outcomes and converts them into real results.

## **The Masterclass**

To help you to be the best that you can be, this highly participative full-day workshop is succeeded by an action-focused half-day coaching session in order to embed new habits and actions. What we cover:

- Self-reflection and analysis
- Strengths based profiling
- Personal goal setting
- Change management
- Maintaining good habits

## **Takeaways**

Led by an experienced Trainer with an extensive background in personal and professional development, participants will take away the techniques they need to set, achieve and manage personal goals. They will have the tools required to create powerful change that will result in improved performance both personally and within the workplace.